The end of the year is here! It’s so hard to believe how time flies when you are having fun. We have completed our three spring tournaments and our six-week team practices. We improved a ton and every spring tournament we got a little bit better, which is what you want at this time of the year.

The last week of the spring season we did some different things, one which was the ROTC leadership readiness course. The picture below is with Master Sergeant Beach and Colonel R after the girls completed their challenges. It was a great day of leadership training and team bonding!

I thought I would end the year with our graduating senior plans! Lauren Graybeal, a right side from Olathe, Kansas graduates in May as a mathematics major with an actuarial science minor. She has accepted a job as an Actuarial Analyst at Zurich Insurance in Schaumburg, IL starting June 1st! Our other two seniors will eerily be going to the same school to get their masters. Erin Hattey, a right side from Kearney, MO will graduate a Bachelor of Science in Communication Disorders and a minor in psychology. In August she will be starting a Doctorate of Audiology program at NOVA Southeastern University in Ft. Lauderdale, FL. Krysta Tholen, a setter from Tracy, Minnesota graduates with Bachelor of Science in Health Science. She will be entering the physicians assistant program at NOVA Southeastern University. We know that those two will have a blast in Florida together.

If you haven’t seen our website lately, we are pleased to announce our 2010 signee, outside hitter Katie Thomason from Bartonville, IL. Katie is transferring to us from Illinois Central College, where she helped lead her team to a National Championship last fall and she garnered All-American honors. So, we will have Katie on the court for two years. She is going to be majoring in exercise science. Katie and her family are going to be a great addition to our Truman volleyball family!

Our 2010 fall schedule is already up online, so check it out. We open the season at the University of Indianapolis tournament over Labor Day weekend! We are starting a week later this year due to some new NCAA legislation, but we will be at a fairly large scrimmage that last weekend in August. I will keep you posted!

Until then enjoy the spring weather and think positive thoughts for our ladies getting all of their work done the last week of classes and doing well on their finals!

The Inside Scoop from Jo Jo...

Truman Volleyball has had a very productive spring season this year. The last three weekends of April, we played in three spring
Truman Volleyball has had a very productive spring season this year. The last three weekends of April, we played in three spring tournaments at University of Central Missouri, Drake University (in Des Moines), and Quincy University. Finally playing against some outside competition was a great way for the team to practice what we have been working on all spring!

For the last week, we mixed up practice a little. One day, we went out to the ROTC field, and with the help of two ROTC instructors, we worked through three “leadership readiness” activities. These required the team to think strategically to transport all players from one side of an obstacle course to another with various restrictions and challenges in place, sometimes including a no-talking rule. We all enjoyed this activity, especially after successfully completing two out of three of the challenges well within the time limits. The team also participated in the annual “Bulldog Challenge.” This is a scavenger-type game involving nine clues and lots of running all around campus to find the answers! The team also had our final max-out for weightlifting and skills testing, with each player showing vast improvements over our first testing results in the beginning of the semester. Overall, the team has experienced great improvements on both the individual scale as well as growing together as a team and enhancing team chemistry. — Johanna

Johanna Ruff is a sophomore (almost junior!) MB from