MIAA student-athletes have won 13 NCAA team championships (doesn't include Truman's six NCAA women's swimming championships) and, since 1964, 147 individual national titles in conference sports. The MIAA currently conducts championships in seven sports for men and seven for women.

For the men, champions are crowned in football, cross country, basketball, indoor and outdoor track & field, baseball, tennis and golf. The women compete for titles in volleyball, cross country, soccer, basketball, indoor and outdoor track & field, softball and tennis.

The MIAA turned a new page on July 1, 1992, when the NCAA Division II conference changed its name from the Missouri Intercollegiate Athletic Association to the Mid-America Intercollegiate Athletics Association.

The decision to make the change originated in 1989, when Pittsburg State University and Washburn University became the first schools outside the state of Missouri to gain membership in the MIAA. The conference was first organized in 1912 with 14 member institutions. Of those original members, Central Missouri State University, Truman State University, and Northwest Missouri State University are the only original schools still members.

The first change in membership came in 1924, when the MIAA reorganized to include only the five regional Missouri state colleges: Central, Truman (at the time known as Northeast Missouri State), Northwest, Southeast Missouri State University and Southwest Missouri State University. Over the next 56 years, three schools joined the membership: the Missouri School of Mines (now University of Missouri-Rolla) in 1935, Lincoln University in 1970, and the University of Missouri-St. Louis in 1980.

The 1980s brought the biggest changes in the conference. In 1981, Southwest Missouri State University opted to move to NCAA Division I and the MIAA appointed its first full-time commissioner, Ken Jones, in July. He would be in the position for 16 years, retiring in 1997. Former Gulf South and Metro conference commissioner Ralph McFillen succeeded Jones.

Southwest Baptist University brought membership back to eight schools in 1986, before the major expansion of the conference in 1989. Pittsburg State, Washburn, Missouri Southern and Missouri Western — formerly members of the Central States Intercollegiate Conference — began competition in 1989-90.

Southeast Missouri State left the MIAA following the 1990-91 season to move on to NCAA Division I, and was replaced by Emporia State University in the 1991-92 season.

In August 1991, Judy Willson was hired as the MIAA's first full-time sports information director. She left in 1994, and was succeeded by Matt Newbery, formerly the assistant sports information director at Pittsburg State. He became the assistant to the commissioner for media relations in 2005.

A third full-time staff member was added in 2005, as former Emporia State track athlete Natasha Oakes was hired as the assistant to the commissioner for compliance.

The membership of the MIAA is now at ten schools, with the departure of Missouri-St. Louis in 1996 and Missouri-Rolla in 2005, the forfeiture of membership by Lincoln in 1999, and the addition of Fort Hays State for the 2006-07 school year.

Over the past 93 years, the MIAA has gained the reputation of being one of the top NCAA Division II conferences in the nation.
2005 MIAA Season

2005 MIAA STANDINGS

<table>
<thead>
<tr>
<th>Conference</th>
<th>W</th>
<th>L</th>
<th>GW</th>
<th>GL</th>
<th>Pct.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Washburn (10)</td>
<td>15</td>
<td>1</td>
<td>47</td>
<td>11</td>
<td>.938</td>
</tr>
<tr>
<td>Truman (4) ^</td>
<td>13</td>
<td>3</td>
<td>41</td>
<td>14</td>
<td>.813</td>
</tr>
<tr>
<td>Central Missouri (11)</td>
<td>12</td>
<td>4</td>
<td>42</td>
<td>16</td>
<td>.750</td>
</tr>
<tr>
<td>Emporia State</td>
<td>11</td>
<td>5</td>
<td>36</td>
<td>21</td>
<td>.668</td>
</tr>
<tr>
<td>Missouri Western</td>
<td>7</td>
<td>9</td>
<td>27</td>
<td>34</td>
<td>.438</td>
</tr>
<tr>
<td>Pittsburg State</td>
<td>6</td>
<td>10</td>
<td>22</td>
<td>35</td>
<td>.375</td>
</tr>
<tr>
<td>Northwest Missouri</td>
<td>5</td>
<td>11</td>
<td>21</td>
<td>37</td>
<td>.313</td>
</tr>
<tr>
<td>Missouri Southern</td>
<td>3</td>
<td>13</td>
<td>16</td>
<td>43</td>
<td>.188</td>
</tr>
<tr>
<td>Southwest Baptist</td>
<td>0</td>
<td>16</td>
<td>7</td>
<td>48</td>
<td>.000</td>
</tr>
</tbody>
</table>

^ - won the MIAA postseason tournament

Final AVCA/USA Today Division II Top 25 ranking in parenthesis

MIAA All-Conference Team

| First-Team | | Honorable Mention |
|------------| |------------------|
| Erica Cowhick, WU L So. | | Courtney Aguilar, ESU L Jr. |
| Becky Haug, CMSU MB Sr. | | Alyssa Berg, MWSU OH/MB Jr. |
| Tessa Jones, WU % MB So. | | Ashley Biklenstann, MWSU MB Jr. |
| Monica Miesner, WU OH Jr. | | Marian Broderick, MWSU L/OH Sr. |
| Sarah Shearman, Truman OH Jr. | | Natalie Browning, ESU OH Sr. |
| Kelsey Wackerman, Truman OH Jr. | | Brooke Butler, CMSU OH Fr. |
| Mandi Cox, WU MB So. | | Lauren Cummings, NWMSU MB So. |
| Hallie Delargere, MWSU OH Fr. | | Sarah Hoffmeister, MSSU OH So. |
| Chelsea Kenney, SBU S So. | | Sarah Joles, MSSU S Fr. |
| Megan Norman, MSSU L Jf. | | Megan Remley, Truman MB Sr. |
| *AVCA All-South Central Region | | Whitney Stare, SBU MB Fr. |
| #AVCA First-Team All-American | | Laura Toman, PSU OH So. |
| ^AVCA Second-Team All-American | | Sarah Trowbridge, NWMSU OH Jr. |
| %AVCA Third-Team All-American | | Sarah Wohlgemuth, PSU S Sr. |

Most Valuable Player: Kelsey Wackerman, OH, Truman
Freshman of the Year: Sammie Williams, RS, Pittsburg State
Coach of the Year: Chris Herron, Washburn

Wilson/MIAA Athletes of the Week

<table>
<thead>
<tr>
<th>Hitter of the Week</th>
<th>Specialist of the Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 29 Tessa Jones, WU</td>
<td>Aug. 29 Kaci Young, CMSU</td>
</tr>
<tr>
<td>Sept. 5 Micaela Walter, Truman</td>
<td>Sept. 5 Kim Edwards, ESU</td>
</tr>
<tr>
<td>Sept. 12 Ashley Mahrer, MSSU</td>
<td>Sept. 12 Kim Edwards, ESU</td>
</tr>
<tr>
<td>Sept. 19 Kelsey Wackerman, Truman</td>
<td>Sept. 19 Kim Edwards, ESU</td>
</tr>
<tr>
<td>Sept. 26 Andrea Robertson, CMSU</td>
<td>Sept. 26 Andi Moran, WU</td>
</tr>
<tr>
<td>Oct. 3 Sarah Shearman, Truman</td>
<td>Oct. 3 Erica Cowhick, WU</td>
</tr>
<tr>
<td>Oct. 10 Alyssa Berg, MWSU</td>
<td>Oct. 10 Carolyn Raynes, WU</td>
</tr>
<tr>
<td>Oct. 24 Monica Miesner, WU</td>
<td>Oct. 24 Christine Wagener, Truman</td>
</tr>
<tr>
<td>Lauren Cummings, NWMSU</td>
<td></td>
</tr>
<tr>
<td>Oct. 31 Kelsey Wackerman, Truman</td>
<td>Oct. 31 Andi Moran, WU</td>
</tr>
<tr>
<td>Nov. 7 Mandi Cox, WU</td>
<td>Nov. 7 Pam Radell, PSU</td>
</tr>
<tr>
<td>Nov. 14 Sarah Shearman, Truman</td>
<td>Nov. 14 Whitney Boehler, Truman</td>
</tr>
</tbody>
</table>

2005 NCAA Tournament - MIAA RESULTS

South Central Regional
Nov. 17-19 Florence, Ala. (University of North Alabama)

Regional Quarterfinals
(6) Harding-1 19 30 23 30
(3) Washburn-3 30 28 30 32
(7) Alabama-Huntsville-1 15 23 30 22
(2) Truman-3 30 30 22 30

Regional Semifinals
Washburn-0 22 19 21
Truman-3 30 30 30
Central Missouri-3 30 30 23 30
North Alabama-1 19 28 30 14

Regional Finals
Central Missouri-0 21 28 24
Truman-3 30 30 30

Elite Eight
Dec. 1-3 Kearney, Neb. (University of Nebraska-Kearney)

NCAA Quarterfinals
Truman-1 25 28 32 27
Nebraska-Kearney-3 30 30 30 30


MIAA
Truman State University has a nationwide reputation for providing a quality education at an affordable price. The last nine years, U.S. News & World Report has ranked Truman as the No. 1 public university in the midwest and the school is widely known as one of the best values in the nation.

Truman has the distinction of being Missouri’s only highly selective public liberal and sciences university. It has a long-standing tradition of excellence and achievement and is an outstanding learning community of scholars, artists, and professional educators dedicated to the success of its students.

Undergraduate education is the top priority of the institution. With a total enrollment of less than 6,000 students and a student/faculty ratio of 15:1, Truman is large enough to provide a diverse experience, but small enough to provide all of its students personal attention to their needs and interests.

As a nationally recognized university known for its strong student learning outcomes and its commitment to assessment and continuous improvement, Truman is a place where students learn to excel. Truman has the highest graduation rate of any public university in Missouri, as calculated by the Coordinating Board For Higher Education. In addition, more than 43 percent of these graduates are entering graduate and professional school after graduation. The faculty and staff are here not only to provide academic challenges, but also to foster a supportive environment that enables students to meet these challenges while learning about themselves and the world around them.

Truman believes that the best preparation for the future, regardless of a student’s ultimate career choice, is a strong liberal arts and sciences education. Truman also expects each student to develop an in-depth knowledge and mastery of a discipline chosen from one of more than 45 programs in six academic divisions. Students are encouraged to expand their horizons and explore many different fields of thought as they work closely with the exceptional faculty and other academically talented students. Since learning occurs outside the classroom as well as inside, Truman students are encouraged to undertake research projects with faculty, to participate in study abroad programs, and to develop their leadership capacity through active participation in student organizations.

The University seeks well-prepared, motivated students with broad educational interests who desire the advantages of a residential college experience. Our students come from virtually every county of Missouri as well as more than 39 states and 49 countries. Truman’s reputation is built on the ability of its faculty and staff to help students achieve academic excellence while developing their full potential for responsible citizenship in the 21st century.

Truman is committed to the advancement of knowledge, to freedom of thought and inquiry, and to the personal, social and intellectual growth of each of its students. The University strives to maintain a recognized standard of excellence in all of its educational endeavors and a responsible stewardship of the resources provided by the people of Missouri.

Truman State University is located in Kirksville, Mo., a city with a population of approximately 17,000. Kirksville offers a safe and friendly environment that is intertwined with many advantages of a larger city.

Truman students enjoy spending their free time at Kirksville’s Downtown Cinema 8, or the new community Aquatic Center, featuring a 6-lane indoor pool, an outdoor pool, and an incredible waterslide.

You will also find Truman students enjoying the outdoors at Thousand Hills State Park. This 3.252 acre park just 2 miles west of Kirksville offers many recreational activities including camping, hiking, biking, swimming, motor boating, sailing, water skiing, and fishing.

Kirksville is within a three-hour drive from several large cities, including St. Louis, Kansas City and Des Moines.

### Campus Facts

- Location: Kirksville, Missouri
- Undergraduate Enrollment: approximately 5,800
- Graduate Enrollment: approximately 250
- International Enrollment: approximately 250 students from 50 different countries
- Male/Female Ratio: 41:59
- Average Class Size: 22 students
- Average ACT Midrange: 25-28
- Average GPA of Incoming Students: 3.76/4.00
- Percentage with GPA of 3.25 or higher: 93%
- Percentage of Freshman Courses Taught by Full-time Faculty: 95%
- Percentage of Full-time Faculty with Ph.D.s: 85%
- Graduate Placement: 99%
- Percentage of Graduates Immediately Entering Graduate School: 44%
- Academic Year: 15-week semesters
- Average Cost of Books: $500-600 per year
- Number of Organizations on Campus: over 200
- Percentage Involved in Greek Sororities and Fraternities: 20% women/30% men
- Size of Campus: 140 acres

Complete information for prospective students can be found on the web at: http://admissions.truman.edu

### What Others Say:

- Ranked for nine consecutive years as the No. 1 Public University in the Midwest among schools offering bachelor’s and master’s degrees and No. 8 overall in the Midwest region among both private and public institutions. Truman is the only public university in Missouri to be included in either ranking. U.S. News and World Report’s “America’s Best Colleges,” 2006 Edition
- Listed as one of the nation’s best universities for undergraduate education and ranked 5th in the category “Students Happy with Financial Aid.” The Princeton Review, “The Best 361 Colleges,” 2006
- Recognized for programs leading to student success: Senior Capstone and Undergraduate Research. U.S. News and World Report’s “America’s Best Colleges,” 2006 Edition
- Selected as one of the country’s “367 Most Interesting Colleges” due to “outstanding academics, generous financial aid packages and relatively low costs.” Kaplan Newsweek’s, “America’s Hottest Colleges,” 2006 Edition
- Ranked 23rd on their exclusive list of “100 Best Values in Public Colleges” that combine great academics with reasonable costs. Further recognized as the 8th best public college value in the nation for out-of-state students. Kiplinger’s Personal Finance, February 2006
- Truman State University, Missouri’s only public liberal arts college, attracts over-achievers from across the Show-Me-State. The Frake Guide to Colleges, 2006 Edition
- Recognized as 18th on a list of 100 “hidden gems and colleges worth considering.” Truman was one of only two public universities featured in the top 40. Washington Post, April 1, 2003 (online issue)
The Truman State University athletics department has a rich history of success and recently, has become one of the top all-around athletics departments in NCAA Division II – both for their student-athletes achievements on the field and in the classrooms.

Truman athletics can be traced back to 1900 when the school’s football team played its first official game. Since then, some of the top Division II athletes in the Midwest, and even in the country, have displayed their skills in Kirksville, including a Basketball Hall of Famer (former NBA star Harry Gallatin), an Olympic Gold Medalist (track athlete Ray Armstead) and numerous other Bulldogs who played professionally in their respective sports.

Today, the athletic programs at Truman are having more success than ever before. During the 2005-06 school year, 13 of the school’s 21 teams earned bids to the NCAA Tournament or had individuals participate at the NCAA Championships. Highlighting the school’s national success was the women’s swimming team, which broke a NCAA Division II record by winning its sixth straight national title.

The women’s swimming team also won a NSIC conference championship in 2006. In the MIAA, the women’s soccer team won their seventh consecutive conference title, and remains the only program to win a MIAA crown.

Individual success included 32 athletes earning all-American honors and 62 receiving all-MIAA accolades.

One coach, swimming’s Mark Gole, earned national coach of the year honors, while men’s basketball coach Jack Schrader was coach of the year at the conference and regional level. Truman athletes also get the job done in the classrooms. In the latest release, Truman student-athletes had a 77% graduation rate, higher than any NCAA Division I or II athletic program in the state of Missouri. That rate was 10% higher than the Truman student body rate and 23% higher than the Division II national average.

Since 2000, Truman has had 37 academic all-Americans, as selected by members of CoSIDA. No NCAA Division II school has collected more academic all-American honors during that span.

Just last school year, six Bulldogs earned academic all-American honors.

Swimmer Brittany Anderson and soccer player Jared Atwood were first-team selections. Baseball player Randy Beilsmith and swimmer Lija Kaleps-Clark were second-team honorees. On the third-team were wrestler Gregg Nurrenbern and soccer player Lauren Cepicky. Two of those award winners, Atwood and Nurrenbern, also won NCAA postgraduate scholarships.

A former Bulldog athlete, swimmer Sarah Shearman, added to her lengthy resume last winter when she was named a NCAA Top VIII. That award is handed out to the top eight senior student-athletes from the past school year, regardless of sport or division.

Another big individual honor last year went to volleyball player Sarah Shearman. The first-team all-American was a finalist for the Ken B. Jones award, the highest honor given by the MIAA. The award recognizes the top junior or senior student-athlete in the conference based on academic accomplishments, academic achievements and community service. Shearman was one of just two juniors to be nominated for the award.

Volleyball also brought home a MIAA trophy by winning the postseason tournament for the third straight year.

Men’s basketball was one of the school’s biggest stories in 2005-06. The Bulldogs won 20 games for the fifth time in school history and advanced to the NCAA Tournament.

Besides women’s swimming, volleyball and men’s basketball, the Truman men’s cross country, men’s swimming, wrestling, women’s indoor track, men’s and women’s outdoor track, men’s and women’s golf and men’s and women’s tennis teams experience a taste of postseason play in 2005-06.

**First-Team All-MIAA**

Andy Calmes

**First-Team All-American & Ken B. Jones Finalist**

Sarah Shearman

**What’s In A Nickname**

Why was the nickname, Bulldogs, selected for Truman State University? O.C. Bell in 1908 referred to his performers as Bulldogs, but it wasn’t an official designation. So far as is known, this term wasn’t used again until the spring of 1915.

At the time, a committee of students, including the late President Emeritus Walter H. Ryle, recommended the adoption of the "Bulldog" as the official emblem because of the beast’s tenacity and ability to fight desperately to the end.

The spirit of the Bulldog has been evident since the name was selected 90 years ago. It’s not unique though, as at least 16 NCAA schools have adopted the "Bulldog".
The Truman volleyball team plays in Pershing Arena on the Truman State University campus.

Pershing Building was named in honor of General John J. Pershing, the commander of the American Expeditionary Forces to France during World War I and one of Truman’s most distinguished alumni. Pershing Building is a two-story red brick and stone structure located on the south end of campus.

In 1967, a north wing was added to the building. The addition featured another gymnasium, a dance studio, classrooms and offices. Also included in the south wing are indoor racquetball courts and offices.

Pershing features a variety of athletics equipment, including a newly remodeled weight room, an indoor rubber track and complete athletics training facilities.

In 1976, the south wing was added, which houses the Natatorium, with a six-lane, 40-yard swimming pool.

Pershing Arena received a new wood floor last summer, and it has two red rubber floor courts located on either side. Originally, the court ran east-west, but was moved and now runs in a north-south direction, with wooden bleachers on the east and west sides.

Students at Truman traditionally sit on the west bleachers, while other Bulldog fans and visitors sit on the east side. Volleyball locker rooms are located on the east (visitors) and west (home).

For volleyball, a press area is provided, upon request, on the main floor next to the scorers table.

In volleyball, the Bulldogs are 160-52 (.755) in the facility since 1982, including a 72-7 (.911) mark over the last six seasons.

### Weight Room

Truman has three weight rooms that are at the disposal of the athletes. The largest is the free weights room which is located on the west side of the Pershing Arena on the third floor. This room was renovated during the summer of 2000. The renovations included new ventilation and equipment, and general refurbishment of the interior.

Approximately 2,600 square feet, it accommodates 40-45 athletes at a time with eight separate power stations complete with platforms and bumper plates for a wide variety of strength training and rehabilitation.

The Nautilus room is located on the east side of the arena near the ramp that leads to the natatorium. The third weight room is the aquatic weight room and is located at the bottom of the ramp on the east side.

### Sports Medicine

The training room is home base for the sports medicine program at Truman State University. The purpose of the program is to work toward the prevention of athletic injuries, care for those injuries that do happen and work for complete recovery through rehabilitation so that the student-athlete can return to competition as safely and quickly as possible. The program works under the direct supervision of three full-time experienced trainers and two physicians. If an athlete should be injured while participating in an intercollegiate sport, they will be evaluated by a highly competent training staff member and treated as needed or referred to necessary medical personnel.

The main training room is on the lower level of Pershing Building just off the northeast corner of Pershing Arena. Both the head athletics trainer’s and assistant athletics trainer’s offices are located in this area. The student trainers assigned to each sport also use this as their main area of contact.

A secondary training room in the football kennels, located south of Pershing Building, is mainly used during fall and spring practices because of its proximity to the football practice field and outdoor track.