### 2001 Cross Country

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<td>Sept. 1</td>
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<td>Sept. 8</td>
<td>Bob Timmons Invitational (Lawrence, Kan.)</td>
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<td>Woody Greenwood-Nebraska Invit. (Lincoln)</td>
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<td>Miner Invit. (Rolla, Mo.)</td>
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<td>Oct. 5</td>
<td>Notre Dame Invitational (South Bend, Ind.)</td>
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<td>Oct. 20</td>
<td>MIAA Championships (Emporia, Kan.)</td>
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<td>Nov. 3</td>
<td>NCAA South Central Regional (Joplin, Mo.)</td>
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<td>Nov. 17</td>
<td>NCAA Division II Championships (Slippery Rock, Pa.)</td>
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<td>Dec. 7</td>
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<td>Iowa Open (Iowa City)</td>
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<td>Jan. 25-26</td>
<td>Iowa State Open (Ames)</td>
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<td>Cannon IV Classic (Indianapolis)</td>
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<td>Northern Iowa Dome Open (Cedar Falls)</td>
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<td>Feb. 22-23</td>
<td>MIAA Championships (Joplin)</td>
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<td>NCAA Division II Championships (Boston)</td>
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### 2002 Outdoor Track & Field

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### 2002 NCAA DII Qualifying Standards

#### Indoor

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*Size of track  #Altitude adjustment available.
A “Ruff” Look Inside

Head Coach Ed Schneider ........................................ 2
Truman Cross Country in the MIAA & NCAA ............ 2
Truman Track & Field in the MIAA ......................... 2
Season Preview .................................................. 3
Track & Field Roster .......................................... 4
Cross Country Roster ........................................... 4
Returning All-Americans ................................. 5
Returning MIAA Champions .......................... 6
Returning Letterwinners ................................ 6-8
Returning Squadmembers ................................. 9-10
Newcomers .................................................... 10-11
Season in Review ........................................... 12
2001 Truman Cross Country Results .................... 13
2000-01 MIAA Track & Field Results .................. 14
MIAA Track & Field Records ............................ 14
History of Truman Cross Country .................... 15
Truman Cross Country in the NCAA ............ 15
MIAA Cross Country History ........................ 16
Truman Top 10 Individuals in MIAA Cross Country Championships ............ 16
Truman Track & Field in the NCAA ............... 17
Olympic Gold Medalist Ray Armstead .............. 17
Indoor & Outdoor National Qualifying Marks ....... IFC
Cross Country Records ..................................... 18
Bulldog Track & Field All-Americans ............ 19-20
Bulldog Cross Country All-Americans ............ 20
All-Time Track & Field Letterwinners ............ 21
All-Time Cross Country Letterwinners ............ 21

About the MIAA ................................................. 22
About Truman State University, President Magruder & Director of Athletics Jerry Wollmering ....... 23
What’s in a Nickname ....................................... 23
Truman Areas of Study ...................................... 24
Athletics Phone Directory ................................ 24
Gardner Track .................................................. 24
Campus, State & Local Maps ............................. IBC
Indoor & Outdoor National Qualifying Marks ......... IFC
ON THE COVER: Senior Andy Doering (large photo) earned All-America honors in cross country for the third consecutive year in 2001. He is joined by (top to bottom): Returning track & field national qualifiers Dave Mayhew, Brian Dzingai, Matt Helbig, 2001 cross country All-America Ben Rosario and All-America decathlete Jake Kingery.

EDITOR: J.R. Belew
COPY: J.R. Belew
PHOTOGRAPHY: Tim Barcus (’89), Melissa Ware (’87), John Papa
PRINTING: Truman Center for Printing & Publications
COVER DESIGN: Frank Krockenberger

Truman Athletics is on the Web At: gobulldogs.truman.edu

Brian Dzingai burst onto the scene as a freshman in 2000-01, setting MIAA outdoor records in the 100- and 200-meter dashes.

Truman's Media Outlets

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2001-02 Truman Men’s Track & Field/Cross Country Media Guide
Ed Schneider has had a long and illustrious association with the Bulldog track program, having first been a student-athlete and then an assistant coach, before taking the reins as the Truman trackmaster 28 seasons ago.

Before coaching, Schneider was an outstanding track and cross-country runner for the Bulldogs, earning all-America honors in both sports and winning the NCAA College Division individual cross-country championship in 1964. He also holds the record in the mile at Stokes Stadium, with a docking of 4:11.3.

In 2001, his Bulldog cross country team completed another successful run as the team finished fourth in Division II, second in the South Central Region and tied for its 11th MIAA championship. This was a year after the squad garnered a 10th-place national finish, to go with a runner-up showing at the MIAA Championships and a third-place finish at the South Central Regional.

Schneider, the 2001 MIAA Coach of the Year in cross country, also received a special honor at the end of the 2000 cross country season, as he was a charter inductee into the NCAA Division II Cross Country Coaches Association Hall of Fame. He has coached 52 all-America athletes in track & field and cross country combined.

He is also a five-time recipient of the Great Lakes Regional Coach of the Year Award. His 1986, 1996 and 2001 squads posted second-place finishes and the 1989, 1992, and 1995 teams brought home regional championships.

In addition to the three regional titles, Schneider has coached his teams to four MIAA championships in cross country, six in indoor track & field and three in outdoor track. He has guided the cross country squad to 10 team appearances in the NCAA championships.

In 1982-83, Schneider led the Bulldogs to a second-place finish indoor and third-place performance outdoor at the MIAA meets, and he was voted coach of the year by his conference peers. The year 1983 also marked the Bulldogs’ first MIAA cross country championship under Schneider’s guidance. Truman would win another conference title in cross country in 1992 before the 1994 team also captured the top spot. Schneider was named MIAA Cross Country Coach of the Year in 1983, ’82 and ’94 before his 2001 honor. In ’94, the squad went on to place third at the NCAA Division II meet. The ‘Dogs repeated their third-place national finish in 1995, and produced five all-Americans.

Once again, in 1998, Schneider was named the MIAA Coach of the Year this time for outdoor track & field as the team finished second in the conference.

Before returning to Truman in 1974, Schneider coached at Riverview Gardens High School in St. Louis. Two of his track teams and three of his cross country teams placed in the top-10 at state meets for class 4-A schools.

In 1986, Schneider was inducted into Truman’s Athletics Hall of Fame. In 1988, he was selected as an honorary referee at the Drake Relays.

A St. Louis area native, Schneider and his wife, Carol, have two sons, Darren and Gregory, and a daughter, Andrea.

### Truman Cross Country History

<table>
<thead>
<tr>
<th>YEAR</th>
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Ed Schneider | 1980 | 1st | 2nd |

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Ed Schneider | 1984 | 3rd | 3rd |

Ed Schneider | 1985 | 5th | 4th |

Ed Schneider | 1986 | 4th | 4th |

Ed Schneider | 1987 | 5th | 5th |

Ed Schneider | 1988 | 4th | 4th |

Ed Schneider | 1989 | 5th | 5th |

Ed Schneider | 1990 | 5th | 4th |

Ed Schneider | 1991 | 6th | 5th |

Ed Schneider | 1992 | 3rd | 4th |

Ed Schneider | 1993 | 5th | 3rd |

Ed Schneider | 1994 | 7th | 7th |

Ed Schneider | 1995 | 5th | 4th |

Ed Schneider | 1996 | 4th | 4th |

Ed Schneider | 1997 | 4th | 4th |

Ed Schneider | 1998 | 4th | 2nd |

Ed Schneider | 1999 | 5th | 5th |

Ed Schneider | 2000 | 4th | 4th |

Ed Schneider | 2001 | 5th | 5th |

There was no competition for the team from 1943-46, due to WWII.
The 2002 Bulldog men's track & field team could be well equipped to move up from the middle of the pack in the Mid-America Intercollegiate Athletics Association race. Truman returns many of its top performers from a year ago, including all-America decathlete Jake Kingery and defending MIAA outdoor 100- and 200-meter champion Brian Dzingai.

The Bulldogs are coming off a year in which they sent five athletes to the NCAA Division II Championships. But the team lost some key performers, including two-time all-America Chad Froelker and an MIAA champion in Dan McDonald. The team will also feel the loss of thrower Ryan Easley and a key member of relay teams, Vasean Nixon.

Dzingai, a sophomore, anchors the sprints in 2002. As a freshman, he won MIAA championships and qualified for nationals in the 100- and 200-meter dashes in the outdoor season. Indoors, Dzingai was almost equally impressive, qualifying for the NCAA meet in the 110-meter hurdles after earning all-conference honors.

In the middle distances, Truman brings back nearly all of its key competitors, including junior Matt Helbig and senior Nick Blackburn. Helbig was all-MIAA last outdoor season in the 1,500-meter run and went on to place 11th in the event at the Division II championships. Blackburn is a former all-conference winner in the 1,500 meters, as well as in the 3,000-meter steeplechase.

Helbig is a two-time all-MIAA honoree indoors in the 800 meters, an event he won at 2000 MIAA meet.

Also back is junior Mike Nelson, who’s also one of the team’s leaders in the 1,500. Newcomer Ryan French also shows promise in the middle-distance area.

Blackburn is one of several solid steeplechasers returning to the Bulldog squad this year. Junior Pat Boyle is a two-time all-conference steeplechase performer, while senior Brian McQueary captured his first all-MIAA track & field award in the event last year. Junior Dan Boyle also picked up valuable experience in the steeplechase last season.

The team returns all of its top runners in the longer distances, such as the 3,000-, 5,000- and 10,000-meter events.

Senior Andy Doering, a three-time all-America in cross country, has been steady on the track as well, earning two outdoor all-conference awards in both the 5,000 and 10,000 meters and two more indoors in the 5,000.

Senior Ben Rosario, a 2001 cross country all-America, is a three-time all-MIAA outdoor performer in the 5,000-meter run, and he also has two all-conference awards in the 10,000 meters.

Last year, Alan Heincker was a solid addition to the Truman team, as he collected all-league accolades in the 10,000 meters. As a sophomore in the 2001 cross country season, he placed a team-best 11th at the national championships, en route to an all-America award.

Many newcomers also show promise in the distances, including freshmen Andy Person, Scott Downard and Trey Robinson.

In the field, Pugh will be joined by freshman standout James Walton in the jumps. Kingery is among the team’s top high jumpers and should also be a challenger for the MIAA crown in the decathlon. He placed fifth at the NCAA Division II meet last year in the decathlon. Freshman decathletes Matt Groeper and Jacob Condon are waiting in the wings.

Easley leaves behind a void in the throws, where the ‘Dogs will look to a handful of newcomers, Zach Schluender and Roland Reeves to step in.
2001-02 Bulldogs

2001-02 Track & Field Roster

Name | Year (I/O) | Hometown | High School/Previous | Event
--- | --- | --- | --- | ---
Phil Andreas # | So./So. | Wildwood, Mo. | Lafayette | Pole Vault
Nick Blackburn ** | Jr./Jr. | St. Charles, Mo. | Francis Howell | Mid-Distance
Dan Boyle # | Jr./Jr. | St. Charles, Mo. | St. Charles | Distance/HJ
Mark Chrismer So./So. | Arlington Heights, Ill. | John Hersey | Distance/HJ | Mid-Distance
Jacob Condon Jr./Sr. | Lakefield, Minn. | Francis Howell North | Decathlon | Distance
Mark DeBold So./So. | New Lenox, Ill. | Jackson County Central | Distance | Decathlon
Aaron Decker Fr./Fr. | Peru, Neb. | Lincoln-Way | Distance | Decathlon
Andy Doering ** | Sr./Sr. | Florissant, Mo. | Auburn | PV/Sprints
Scott Downward Fr./Fr. | Harare, Zimbabwe | McCluer North | Distance | Distance
Brian Dzingai Fr./Fr. | Florissant, Iowa | St. George's | Distance | Distance
Chris Elledge Fr./Fr. | Cedar Rapids, Iowa | McCluer North | Distance | Distance
Ryan French So./So. | Warrenton, Mo. | Linn-Marr Marion | Distance | Distance
Matt Groeper Fr./Fr. | Dittmer, Mo. | Warrenton | Distance | Distance
Matt Grouper Fr./Fr. | Fenton, Mo. | Grandview | Distance | Distance
Dan Boyle Jr./Jr. | Ballwin, Mo. | Rockwood Summit | Distance | Distance
Pat Boyle * So./So. | Monroe, Iowa | Marquette | Distance | Distance
Mike Brower Fr./Fr. | Prior Lake, Minn. | Prairie City-Monroe | Distance | Distance
Mark Chrismer Jr./Jr. | Independence, Mo. | Academy of Holy Angels | Distance | Distance
Jacob Condon Fr./Fr. | Easton, Mo. | Fort Osage | Distance | Distance
Mark DeBold Fr./Fr. | St. Louis | St. Joseph Central | Distance | Distance
Andy Doering ** Fr./Fr. | Fenton, Mo. | St. Mary's | Distance | Distance
Scott Downward So./So. | Gladstone, Mo. | Northwest | Distance | Distance
Chris Elledge Jr./Sr. | Wildwood, Mo. | Oak Park | Distance | Distance
Ryan French Jr./So. | Arnold's Park, Iowa | Ladue | Distance | Distance
Mike Groeper Jr./Fr. | Galesburg, Ill. | Okoboji | Distance | Distance
Alfonso Pugh Jr./So. | Corpus Christi, Texas | Galesburg | Distance | Distance
Roland Reeves Fr./Sr. | Chesterfield, Mo. | Flour Bluff | Distance | Distance
Trey Robinson Fr./So. | St. Louis | Lafayette | Distance | Distance
Ben Rosario * Jr./Sr. | Elk Creek, Neb. | SLUH | Distance | Distance
Ben Heilig * | North Kansas City, Mo. | Tecumseh | Distance | Distance
Matt Judson * So./So. | Kirkwood, Mo. | North Kansas City City | Distance | Distance
Mike Nelson # Fr./Sr. | Hinsdale, Ill. | DeSmet | Distance | Distance
Ben Northrup Fr./Fr. | North St. Louis | Webster Groves | Jumps | Distance
Andon Kambey Jr./Sr. | Columbia, Mo. | Rock Bridge | Distance | Distance
Robert Taylor So./So. | Florissant, Mo. | Rosary | Distance | Distance

* Letters earned # Returning squadmember

Sophomore Alan Heincker (523) was Truman's top finisher at the 2001 NCAA Division II Cross Country Championships, bringing home 11th.

2001 Cross Country Roster

Name | Year | Hometown | High School
--- | --- | --- | ---
Dan Boyle # | Jr. | St. Charles, Mo. | St. Charles
Pat Boyle * | Jr. | St. Charles, Mo. | St. Charles
Mike Brower | Fr. | Arlington Heights, Ill. | John Hersey
Mark Chrismer # | Jr. | St. Peters, Mo. | Francis Howell North
Joel Conrad | Fr. | New Lenox, Ill. | Jackson County Central
Mark DeBold * | Sr. | St. Louis | Lincoln-Way
Andy Doering ** | Sr. | St. Louis | Auburn
Scott Downward | Fr. | St. Peters, Mo. | McCluer North
Chris Elledge | Fr. | Wildwood, Mo. | St. George's
Ryan French | Fr. | Cedar Rapids, Iowa | McCluer North
Mike Groeper So. | Dittmer, Mo. | Linn-Marr Marion
Dan McLaughlin Jr./Sr. | Fenton, Mo. | Warrenton
Brian McQueary * | Jr./So. | Ballwin, Mo. | Grandview
Ben Rosario * | Jr./Sr. | Fenton, Mo. | Rockwood Summit
Andrew Schermbeck So./So. | So. | St. Louis | Marquette
Zach Schluender Fr./Fr. | Elk Creek, Neb. | Prairie City-Monroe | Distance
Jason Shotwell Jr./Jr. | North Kansas City, Mo. | Academy of Holy Angels | Distance
Robert Taylor # | Jr. | Normandy | Distance

* Letters earned # Returning squadmember

Sophomore Alan Heincker (523) was Truman's top finisher at the 2001 NCAA Division II Cross Country Championships, bringing home 11th.
All-Americans

Andy Doering
Senior, Distance/Cross Country
Florissant, Mo. (McCleer North)

Career Bests

INDOOR
800m: 2:03.30
Mile: 4:22.20
3,000m: 8:38.04
5,000m: 14:48.76

OUTDOOR
1,500m: 3:57.98
3,000m: 8:36.00
5,000m: 14:44.90
10,000m: 30:57.71

Truman: 2001-02 Cross Country - Won his third consecutive All-America honor in cross country by placing 19th at the national meet ... was the individual conference champion ... captured runner-up honors at the South Central Regional. 2000-01 - Truman's male nominee for the MIAA's Ken B. Jones Award, given to the conference's outstanding student-athlete of the year. Finished sixth in the 10,000-meter run at the MIAA Outdoor Championships and took 11th in the event at the Drake Relays ... was all-MIAA in the 5,000-meter run as he placed fourth at the conference indoor championships ... also earned an NCAA provisional qualifying mark in the 5,000 with a career-best time of 14:53.59 at the Mule Relays. Cross Country - Captured all-America honors for the second straight year in cross country when he finished 27th at the NCAA Division II Championships ... led the Bulldogs in each of the seven cross country meets in which he participated during the fall, including a second-place finish at the MIAA Championships and an eighth-place showing at the South Central Regional. 1999-00 - Placed third in the 5,000 meters and second in the 10,000 meters at the MIAA Outdoor Championships ... was all-conference in the 3,000 and 5,000 meters during the indoor season, finishing fourth in both at the MIAA meet. Cross Country - Was a national qualifier in cross country, and earned all-America honors by finishing 26th at the NCAA Division II Championships ... placed sixth at the MIAA Cross Country Championships and seventh at the Great Lakes Regional ... finished in the top 10 in all but two meets on the season. 1998-99 - Was all-conference in the 5,000 meters with a third-place finish at the conference outdoor championships ... collected a third-place finish in the 5,000 meters during the indoor season at the Jayhawk Invitational. Cross Country - Led the Bulldogs throughout his freshman cross country season and was all-MIAA as he finished ninth at the conference meet ... placed eighth at the Great Lakes Regional Championships. High School: Doering was first-team all-conference, all-city, all-county, all-district, and all-state in track and cross country. Personal: Born July 15, 1980, in St. Louis ... the son of Richard and Debbie Doering ... an accounting major.

Jake Kingery
Senior/Junior, Jumps/Decathlon
Monroe, Iowa (Prairie City-Monroe)

Career Bests

INDOOR
100m: 11.36
110mH: 15.63
300m: 37.01
600m: 1:15.17
55m: 6.78
110m: 6.67
200m: 23.01
800m: 2:03.30
55mH: 8.24
400m: 50.29
500m: 1:15.17
 pole vault: 11'-9"
 long jump: 6'-8"
 high jump: 6'-6.75"
 long jump: 19'-10.5"
 10,000m: 30:57.71

Truman: 2000-01 - Placed second in the indoor long jump at the Drake Relays ... scored a career-best and NCAA automatic qualifying total of 7,033 points in the decathlon at the MIAA Championships ... tallied 6,743 points in the decathlon at the NCAA meet ... also finished seventh in the MIAA in the high jump and eighth in the javelin ... won the Vernon Kennedy Decathlon at Central Missouri State ... tied for seventh in the high jump at the conference indoor meet, while also running a leg on the all-MIAA fourth-place mile relay team, which provisionally qualified for the NCAA Division II meet. 1999-00 - Placed third in the high jump with a leap of 6'-5.5" and was on the third-place 4x400 relay team at the outdoor MIAA Championships ... was seventh in both the high jump and 400-meter dash at the conference indoor championships. 1998-99 - Finished ninth in the MIAA in the high jump by clearing 6'-3.25" during the indoor season. High School: Kingery lettered four years in track and was a state champion high jumper. He also lettered four years and was a state qualifier in wrestling. Personal: Born April 9, 1980, in Knoxville, Iowa ... the son of James and Kathy Kingery ... an exercise science major.

Ben Rosario
Junior/Senior, Distance/Cross Country
St. Louis, Mo. (SLUH)

Career Bests

INDOOR
1,000m: 2:45.68
Mile: 4:35.54
 3,000m: 8:33.51
 5,000m: 14:27.34
 OUTDOOR
1,500m: 4:37.30
3,000m: 8:57.80
3,000m Stpl.: 10:26.72
5,000m: 15:00.64
10,000m: 31:00.55

Truman: 2001-02 Cross Country - Collected All-America honors with a 32nd-place showing at the NCAA Division II Championships ... finished third at the South Central Regional and fourth at the MIAA meet ... won his third straight all-conference honor. 2000-01 - Placed fourth in the MIAA in the 5,000-meter run and seventh in the 10,000 meters during the outdoor season ... won the 5,000-meter run at the Truman Open. Cross Country - Earned all-conference honors for the second straight year with a 10th-place finish at the MIAA Championships ... also had a ninth-place finish at the South Central Regional and was 43rd at the NCAA Division II Championships ... ran his best 8,000-meter time of the season, 25:34.00, at the Notre Dame Invitational. 1999-00 - Finished fifth in the 5,000 meters and fourth in the 10,000 at the MIAA Outdoor Championships ... finished 16th overall in the 10,000 at the Drake Relays with a career-best time of 31:00.25 ... was all-conference during the indoor season in the 3,000 and 5,000-meter events with sixth and fifth-place finishes, respectively, in each ... also won the 3,000 meters at the Hawkeye Open. Cross Country - Was all-MIAA in cross country, finishing eighth and took ninth at the Great Lakes Regional ... finished in the top 25 at every race. 1998-99 - Finished fifth in the MIAA in the 5,000-meter run and sixth in the 10,000 meters during the outdoor season ... was ninth at the indoor conference meet in the 3,000-meter run and 5,000-meter run. Cross Country - Was among the team's top three runners all season. High School: In his senior year, he was all-conference, all-district, all-area and all-state in cross country. Personal: Born Jan. 13, 1980, in St. Louis ... the son of Frank and Linda Rosario ... a communications major.

Alan Heincker
Sophomore, Distance/Cross Country
Dittmer, Mo. (Grandview)

Career Bests

INDOOR
3,000m: 8:02.22
5,000m: 15:26.48
 OUTDOOR
1,500m: 4:21.42
5,000m: 15:13.90
10,000m: 32:35.27

Truman: 2001-02 Cross Country - Earned All-America honors by placing 11th at the NCAA Division II Championships ... one of three Bulldogs in the top five at the MIAA meet, placing fifth ... took eighth at the South Central Regional. 2000-01 - Placed fifth at the MIAA Outdoor Championships in the 10,000-meter run and also collected a second-place finish in the event at the outdoor Mule Relays ... was eighth in the 5,000 meters at the conference indoor meet. Cross Country - Placed 15th at the South Central Regional and 18th at the MIAA race ... also collected a second-place finish at SIU-Edwardsville and 12th at the University of Kansas/Bob Timmons Invitational.
Returning MIAA Champions

Brian Dzingai
Sophomore, Sprints
Harare, Zimbabwe (St. George’s)

Truman: 2000-01 - Burst onto the scene in 2001, setting school and conference outdoor records in the 100- and 200-meter dashes with times of 10.19 and 20.50 seconds, respectively ... won MIAA outdoor titles in the 100 and 200 and anchored the 4x100-meter relay team that placed third at the conference meet ... qualified for the NCAA DII Outdoor Championships in both the 100 and 200 ... his 20.50 time in the 200 meters was the fastest Division II time since 1998 and is tied for the 11th-fastest DII time ever ... posted six first-place finishes in the outdoor season in the 200-meter dash and four in the 100 ... set school records indoors in the 55- and 200-meter dashes with times of 6.37 and 21.54 seconds, respectively ... broke the school indoor record in the 200 meters in his first collegiate meet ... placed second in the MIAA in the 200 and third in the 55 ... placed seventh at the NCAA DII indoor meet in the 55-meter dash.

High School: Set school records in the 100- and 200-meter dashes and a national junior record in the 100 ... also set a Zimbabwe national junior mark in the long jump ... participated in track & field throughout his high school career ... also played soccer.

Personal: Born April 29, 1981 in Harare, Zimbabwe ... the son of Joe & Anne Dzingai ... an accounting major.

Matt Helbig
Junior, Mid-Distance/Cross Country
Fenton, Mo. (Rockwood Summit)

Truman: 2001-02 Cross Country - Helbig sat out the 2001 season. 2000-01 - Finished 11th at the NCAA Division II Outdoor Championships in the 1,500-meter run after earning MIAA runner-up honors in the event ... had six top-two finishes in the 1,500 meters during the outdoor season, including three wins ... earned all-conference honors in the 800-meter run by placing third at the MIAA Indoor Championships ... tied his own school record in the 800 (1:54.12) at the Mule Relays. Cross Country - Placed eighth at the MIAA Championships to earn his second all-conference honor in cross country ... was among the Bulldogs’ top three runners most of the season ... ran his season-best 8,000-meter time at the Notre Dame Invitational, where he completed the course in 25:49.00. 1999-00 - Won the indoor MIAA title in the 800-meter run and was a provisional qualifier for the NCAA Division II Indoor Championships with a school-record time of 1:54.12 ... was a member of Truman’s third-place two-mile relay team at the MIAA meet. Cross Country - Was the state champion in the 800 meters. As a senior, he was voted male athlete of the year.

Personal: Born Jan. 18, 1980, in Fenton, Mo. ... the son of Mark and Mary Jo Helbig ... an exercise science/physical therapy-biology major.

Returning Letterwinners

Nick Blackburn
Senior, Mid-Distance/Cross Country
St. Charles, Mo. (Francis Howell)

Truman: 2000-01 - Redshirted the outdoor season and did not compete indoors ... finished fourth in the 3,000-meter steeplechase at the Truman Open while competing unattached. Cross Country - Was among Truman’s top six runners for most his final season with the cross country team ... placed 23rd at the MIAA Championships and had his season-best 8,000-meter time of 25:54.00 at the Notre Dame Invitational. 1999-00 - Placed second in the 3,000-meter steeplechase at the MIAA outdoor meet ... ran a career-best time of 3:56.99 in the 1,500 meters at the Lee Calhoun Memorial ... won the mile run indoors at both the Cyclone Holiday Classic and the UNI Dome Open ... also indoors, he finished seventh in the MIAA in the mile and was part of Truman’s MIAA third-place two-mile relay team. Cross Country - Was Truman’s top finisher in the early-season meets, including a second-place showing at SIU-Edwardsville and a third-place finish at the Bob Timmons Invitational ... finished 15th at the MIAA meet. 1999-98 - Earned all-conference honors in the 1,500-meter run as he finished sixth at the MIAA Outdoor Championships ... placed seventh in the mile run at the indoor conference meet after winning the mile at Wisconsin-Platteville. Cross Country - Finished 25th at both Notre Dame and the MIAA Championships. 1997-98 - Finished seventh in the 1,500-meter run at the Truman Open ... took third in the mile run at the Iowa Open during the indoor season.

High School: A conference champion in the 800- and 1,600-meter runs, Blackburn was an all-state performer in the 1,600-meter run and the 3,200- and 1,600-meter relays.

Personal: Born Oct. 30, 1978, in Springfield, Ill. ... the son of Jeff and Barb Blackburn ... an English/pre-education major.

Dan Boyle
Junior, Distance/Jumps/Cross Country
St. Charles, Mo. (St. Charles)

Truman: 2001-02 Cross Country - Participated in six cross country meets ... finished 16th at the Bob Timmons Invitational and eighth at SIU-Edwardsville. 2000-01 - Came in seventh in the 3,000-meter steeplechase at the MIAA Outdoor Championships ... had five top-five finishes in the steeplechase during the outdoor campaign, including a second-place showing at Augustana (Ill.) ... finished 11th in the mile at the MIAA Indoor Championships. Cross Country - Placed 10th at the Miners Invitational with a time of 28:04.70. 1999-00 - Finished eighth outdoors at the MIAA Championships in the 3,000-meter steeplechase ... saw limited action indoors in the 3,000 meters. Cross Country - Ran his season best time of 29:14 at Iowa State.

High School: Boyle lettered four years in track and two in cross country. He was all-conference, all-district, all-county and all-state in both track and cross country.

Personal: Born Feb. 20, 1981 in St. Charles, Mo. ... the son of James and Shirley Boyle ... an exercise science major.
Returning Letterwinners

Pat Boyle
Junior, Distance/Jumps/Cross Country
St. Charles, Mo. (St. Charles)

Truman: 2001-02 Cross Country - Placed 21st at both the MIAA and South Central Regional meets ... finished 63rd at the NCAA meet ... participated in seven meets ... finished 13th at the Bob Timmons Invitational. 2000-01 - Placed sixth at the MIAA Outdoor Championships in the 3,000-meter steeplechase ... garnered a second-place finish in the event at the Truman Open ... finished 11th indoors at the MIAA meet in the 3,000-meter run. Cross Country - Participated in six cross country meets during the fall and turned in his best time (27:03) at the Notre Dame Invitational ... placed fourth at the Miner Invitational. 1999-00 - Earned all-conference honors indoors in the 3,000-meter steeplechase with a career-best time of 9:35.1 for fifth at the MIAA meet. Cross Country - Participated in three meets, running his best time (28:47) at the Iowa State meet. High School: Boyle lettered four years in track and earned two others in cross country. He was a two-time all-state performer in cross country and earned all-conference honors in track and cross country a combined five times. Boyle also played soccer and basketball.

Personal: Born Feb. 20, 1981 in St. Charles, Mo. ... the son of James and Shirley Boyle ... a pre-business administration major.

Mark DeBold
Junior/Senior, Distance/Cross Country
New Lenox, Ill. (Lincoln-Way)

Truman: 2001-02 Cross Country - Placed 20th at the MIAA meet and 29th at the South Central Regional ... was among the seven runners Truman took to the NCAA Division II meet ... finished seventh at SIU-Edwardsville. 2000-01 - Finished 12th outdoors in the 10,000-meter run at the MIAA Championships ... had two third-place showings in the event, at the Mule Relays and at Washington (Mo.). Cross Country - Placed 24th at the MIAA Championships and logged a fifth-place finish at the Southern Illinois-Edwardsville Open ... was Truman’s fourth-best finisher at the NCAA Championships with a time that was more than a minute faster than his regional time, also on a 10,000-meter course ... ran his best 8,000-meter time of 26:49:00 at the Notre Dame Invitational. 1999-00 - Competed in both the 3,000 and 5,000-meter events at several meets. Cross Country - Finished 25th at the MIAA Championships, 29th at the Great Lakes Regional and had his best finish of sixth place at SIU-Edwardsville. 1998-99 - Saw limited track & field action. Cross Country - Competed in three meets during the season.

High School: DeBold lettered four years in cross-country and track. As a junior, he was all-conference and all-region in cross country.

Personal: Born Dec. 31, 1979, in Chicago ... the son of Denis and Murriel DeBold ... a biology/premed major.

Matt Judson
Senior, Distance/Cross Country
Ballwin, Mo. (Marquette)

Truman: 2001-02 Cross Country - Saw action in one meet in the fall, the Bob Timmons Invitational. 2000-01 - Was 30th in the 1,500-meter run at the MIAA Outdoor Championships with a career-best time of 4:06.10 ... also placed eighth in the event at the Truman Open ... took seventh in the mile at the Hawkeye Open during the indoor season. Cross Country - Placed 10th at the Southern Illinois-Edwardsville Open and had a season-best time of 26:29.00 at the Notre Dame Invitational. 1999-00 - Finished fifth in the 1,500 meters at Augusta (Ill.) was part of the 4x800 relay team that placed first at Augusta ... finished ninth in the mile run at the MIAA Indoor Championships. Cross Country - Charted his best finish of 17th at SIU-Edwardsville ... was 34th at the MIAA Championships. 1998-99 - Finished second in the 1,500-meter run at the Highland Invitational during the outdoor season ... was 17th in the mile run at the MIAA indoor meet ... also took second in the unseeded mile at the Jayhawk Invitational. Cross Country - Charted an eighth-place finish at Augustana (Ill.) 1997-98 - Took eighth place in the 1,500-meter run (4:16.33) at the Truman Open.

High School: Judson lettered in cross country, track and basketball, and his 3200-meter relay team set the track record his senior year.

Personal: Born Aug. 17, 1979, in Ballwin, Mo. ... the son of Bob and Kathy Judson ... a biology major.

Dave Mayhew
Senior, Hurdles/Sprints
Prior Lake, Minn. (Academy of Holy Angels)

Truman: 2000-01 - Was the MIAA runner-up in the 110-meter hurdles, turning in an NCAA provisional qualifying time of 14.55 seconds ... qualified for the NCAA Division II Championships, where he finished 15th in the preliminary ... posted three wins in the outdoor season, twice in the 110 hurdles and once in the 400-meter hurdles ... was part of the indoor mile relay team that earned all-conference honors and had an NCAA provisional time by placing fourth at the MIAA indoor meet. 1999-00 - Set meet and school records in the 110-meter hurdles at the Truman Open with first-place time of 14.51 seconds ... also won the 400-meter intermediate hurdles at the Truman Open ... was all-conference indoors in the 55-meter hurdles, finishing fourth at the MIAA indoor meet ... turned in a provisional NCAA Division II qualifying time of 7.62 seconds in the semifinal of the 55-meter hurdles at the conference indoor championships ... was also part of the all-conference mile relay squad. 1998-99 - Competed unattached in several outdoor meets, finishing second in both the 200-meter dash and 110-meter hurdles at Highland (Kan.) ... was third in the 110-meter hurdles at the Truman Open as an unattached runner. 1997-98 - Placed fifth in the 110- and 400-meter hurdles at the MIAA Outdoor Championships for all-conference honors in both ... an academic all-MIAA performer.

High School: Mayhew was first team all-conference three years and first team all-state for two years in track. He was the Star Tribune’s (Minn.) metro area top scholar athlete for track and field. Mayhew was state champion in the 110- and 300-meter hurdles as a senior. He also lettered three years in football.

Personal: Born April 27, 1979, in Kirksville, Mo. ... the son of Barbara Sundstrom and Jerry Mayhew ... a biology/premed major.
Returning Letterwinners

### Brian McQueary
**Junior, Distance/Cross Country**
St. Louis, Mo. (St. Mary’s)

**Truman: 2001-02 Cross Country** - Earned his first all-conference honor in cross country by placing sixth at the MIAA Championships ... collected 11th and 59th-place finishes, respectively, at the South Central Regional and NCAA Division II meets. **2000-01** - Earned a fifth-place finish in the 3,000-meter steeplechase at the MIAA Outdoor Championships ... had six top-five finishes in the event, including wins at Augustana (Ill.), Truman and Washington (Mo.) ... placed 11th in the 5,000 meters at the MIAA indoor meet. **Cross Country** - Competed in six cross country events during the fall, and was usually among the Bulldogs' top five ... placed 21st at the MIAA Championships, and had his best time, a 26:26.80 clocking, at the Woody Greeno/Nebraska Invitational finished 32nd at the South Central Regional. **1999-00** - **Cross Country** - Finished 21st at the MIAA Championships. **1998-99** - Won the 3,000-meter steeplechase at the Truman Open and in a home dual with Northwest Missouri. **Cross Country** - Was among the Bulldogs’ top four runners all season, finishing sixth at Augustana (Ill.), 21st at the MIAA meet and 25th at the Great Lakes Regional.

**High School:** As a junior McQueary was fifth in the state in the two-mile run. As a senior, he was 12th at state in cross country.

**Personal:** Born May 28, 1980, in St. Louis ... the son of Ted and Jan McQueary ... an English/MAE major.

### Brad Peter
**Sophomore/Junior**
Distance/Cross Country
Arnold’s Park, Iowa (Okoboji)

**Truman: 2001-02 Cross Country** - Finished 31st at the MIAA Championships ... placed 12th at the Miner Invitational and 16th at SIU-Edwardsville ... participated in four meets. **2000-01** - Was 14th in the 5,000-meter run at the MIAA Outdoor Championships ... came in second in the 3,000 meters at the Augustana (Ill.) Invitational ... finished ninth in the 3,000-meter run at the conference indoor meet with a career-best time of 8:59.90. **Cross Country** - Took part in four cross country meets and had an eighth-place finish at the Miner Invitational ... ran his season-best time, 27:35.70, at the Woody Greeno/Nebraska Invitational. **1999-00** - Finished 11th at the MIAA Outdoor Championships in the 5,000-meter run ... did not compete in the indoor or cross country seasons.

**High School:** Peter was a four-year letterman in cross country and track, also earning two letters on the basketball and baseball teams. He earned all-state in cross country in 1998 and was a three-time all-conference performer. His teams won state championships in cross country in 1995 and 1996.

**Personal:** Born April 17, 1981 in Geneseo, Ill. ... the son of Chuck and Robin Peter ... a math/pre-education major.

### Mike Nelson
**Sophomore, Distance/Cross Country**
Fenton, Mo. (Northwest)

**Truman: 2001-02 Cross Country** - Finished 15th at the MIAA Championships and 25th at the South Central Regional ... was among Truman’s seven runners to compete at the NCAA Division II Championships ... placed 18th at the Bob Timmons Invitational. **2000-01** - Did not compete in the indoor or outdoor seasons. **Cross Country** - Ran in four meets and had a seventh-place finish at the Missouri-Rolla Miner Invitational with a career-best 27:30.6 time ... also placed 11th at SIU-Edwardsville and 22nd at the Bob Timmons Invitational. **1999-00** - Earned all-MIAA honors in the indoor season by placing fifth in the 1,500-meter run ... placed fourth in the 1,500 meters at the Male Relays and fourth in the 3,000-meter steeplechase at the Truman Open ... was part of the all-conference two-mile relay team that placed third at the MIAA indoor meet. **Cross Country** - Competed in four meets, charting an 18th-place finish at SIU-Edwardsville and 29th at the Bob Timmons Invitational.

**High School:** Won four letters in track and three in cross country ... an all-state and all-conference performer in cross country ... earned all-state and all-conference honors in track in the 1600 meters and as part of the 4x800-meter relay ... also lettered two years in basketball.

**Personal:** Born Jan. 5, 1981 in St. Louis ... the son of Stan Nelson and Nancy McGennis ... an exercise science major.

### Alfonso Pugh
**Sophomore, Sprints/Jumps**
Galesburg, Ill. (Galesburg)

**Truman: 2000-01** - Finished fourth in the 100-meter dash, fifth in the long jump and sixth in the 200-meter dash at the conference outdoor meet ... also had a leg on the 4x100-meter relay squad that placed third at the MIAA Outdoor Championships ... was a consistent top-five finisher in the long jump and 100-meter dash throughout the season ... Placed fourth in the long jump and sixth in the 200-meter dash at the MIAA indoor meet.

**High School:** Pugh lettered three years in football and basketball and twice in track ... a first-team all-conference selection in football as a junior and senior ... all-state in track in his final season, medalist in four events at the state meet ... named a gridiron great ... a first-team all-area running back.

**Personal:** Born April 30, 1981, in Galesburg, Ill. ... the son of Alfonso, Sr. and Patricia Pugh ... has a twin brother, Lorenzo ... a pre-business administration major.
Returning Squadmembers

**Phil Andreas**
**Sophomore, Pole Vault**
Wildwood, Mo. (Lafayette)

*Truman: 2000-01* - Competed in four outdoor meets ... placed fifth in the pole vault at Washington University with a career-best height of 14'-4.5" ... competed in two indoor meets, placing third in the pole vault at Iowa University.

**Career Bests**

<table>
<thead>
<tr>
<th>INDOOR</th>
<th>OUTDOOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pole vault: 14'-4.25&quot;</td>
<td>Pole vault: 13'-4.5&quot;</td>
</tr>
</tbody>
</table>

**Mike Brower**
**Sophomore, Mid-Distance**
Arlington Heights, Ill. (John Hersey)

*Truman: 2000-01* - Ran his career-best time of 1:58.42 in the 800-meters at the MIAA Outdoor Championships ... best finish in the 800 was when he took seventh at the Truman Open ... took third in the 800 during the indoor season at a triangular meet at the University of Iowa.

*High School:* Won three letters in track and two in cross country ... part of a 3,200-meter relay team that set conference and school records and placed third at state.

*Personal:* Born March 9, 1982 ... the son of Al and Nancy Brower ... a pre-engineering major.

**Career Bests**

<table>
<thead>
<tr>
<th>INDOOR</th>
<th>OUTDOOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>800m: 1:58.42</td>
<td>1,500m: 4:10.33</td>
</tr>
</tbody>
</table>

**Mark Chrismer**
**Sophomore/Junior**
Distance/Cross Country
St. Peters, Mo. (Francis Howell North)

*Truman: 2001-02 Cross Country* - Competed in three meets ... collected a 14th-place showing at the Miner Invitational and 19th at SIU-Edwardsville. 1999-00 - Chrismer competed in several cross country meets with the Bulldogs, charting a 37th-place finish at the University of Kansas. 1998-99 - Outdoors, Chrismer finished ninth in the 5,000 meters at the Truman Open and also competed in the 3,000-meter run and 3,000-meter steeplechase at several other meets throughout the season.

*High School:* Chrismer lettered three years in both track and cross-country, and earned first team all-conference as a senior.

*Personal:* Born April 15, 1980, in St. Peters, Mo. ... the son of Rich and Mary Chrismer ... a psychology major.

**Ben Northrup**
**Sophomore, Distance/Cross Country**
Gladstone, Mo. (Oak Park)

*Truman: 2001-02 Cross Country* - Did not compete in the 2001 cross country season. 2000-01 - Ran unattached in the 5,000-meter run at the Truman Open, his only track & field action of the year. 1999-00 - Ran in two meets, placing 23rd at both the SIU-Edwardsville Open and Missouri-Rolla Miner Invitational.

*High School:* A four-year letterwinner in both track and cross country ... a two-year captain in cross country and track ... a two-time first-team all-league selection in cross country ... broke all of the school’s freshman cross country records and the sophomore 3,000-meter record.

*Personal:* Born Feb. 1, 1982 in Florissant, Mo. ... the son of Dennis and Dana Elledge ... a visual communications major.

**Aaron Decker**
**Sophomore, Pole Vault**
Peru, Neb. (Auburn)

*Truman: 2000-01* - Had career-best pole vault of 14'-3.25" at the MIAA Championships that earned him ninth place ... garnered second-place finishes in the pole vault at the Iowa Triangular (indoors) and at the Washington (Mo.) Invitational (outdoors) ... also competed in the long jump at the Hawkeye Open. 1999-00 - Decker was redshirted ... Competed unattached in the pole vault and long jump at the Truman Open.

*High School:* Lettered three years in both track & field and cross country.

*Personal:* Born Dec. 22, 1980 in Denver ... the son of Ed and Barb Decker ... an exercise science major.

**Career Bests**

<table>
<thead>
<tr>
<th>INDOOR</th>
<th>OUTDOOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>5,000m: 16:34.83</td>
<td>6000m: 16:51.38</td>
</tr>
</tbody>
</table>

**Chris Elledge**
**Sophomore, Distance/Cross Country**
Florissant, Mo. (McCluer North)

*Truman: 2001-02 Cross Country* - Did not compete in the 2001 cross country season. 2000-01 - Ran unattached in the 5,000-meter run at the Truman Open, his only track & field action of the year. 1999-00 - Ran in two meets, placing 23rd at both the SIU-Edwardsville Open and Missouri-Rolla Miner Invitational.

*High School:* A four-year letterwinner in both track and cross country ... a two-year captain in cross country and track ... a two-time first-team all-league selection in cross country ... broke all of the school’s freshman cross country records and the sophomore 3,000-meter record.

*Personal:* Born Feb. 1, 1982 in Florissant, Mo. ... the son of Dennis and Dana Elledge ... a visual communications major.
Returning Squadmembers

Andrew Schermbeck
Sophomore, Distance
Elk Creek, Neb. (Tecumseh)

Truman: 2000-01 - Ran unattached in the 5,000-meter run at the Truman Open in the outdoor season ... saw no action in the indoor campaign. 1999-00 - Competed in five outdoor meets ... finished seventh in the 10,000-meter run at the Mule Relays ... ran a career-best 10,000-meter time at Washington University.

High School: Lettered three years in cross country and earned two each in track & field and baseball ... a two-time academic all-state performer in track ... all-conference twice in cross country and track ... was an all-region performer as a senior in baseball.

Personal: Born Nov. 29, 1980 in London, Ontario, Canada ... the son of Robert and Robin Schermbeck ... majoring in philosophy and religion.

Career Bests

INDOOR
3,000m: 9:43.95
5,000m: 9:57.90
10,000m: 35:27.72

OUTDOOR
3,000m: 9:54.93
5,000m: 16:55.60
10,000m: 35:27.72

Nolan White
Senior, Sprints
Columbia, Mo. (Rock Bridge)

2000-01 - Was part of the 4x100-meter relay team that placed third at the MIAA outdoor meet ... also ran a leg on the fourth-place 4x200-meter squad ... ran a career-best time of 50.86 seconds in the conference preliminary of the 400-meter dash ... was part of the all-conference mile relay team that finished fourth at the MIAA Indoor Championships and earned an NCAA provisional. 1999-00 - Placed ninth in the long jump at the Truman Open ... came in 10th in the 200-meter dash and seventh in the 400 at Augustana (III)’s outdoor meet ... finished eighth in the 200-meter dash at the Hawkeye Open. 1998-99 - Competed in the 100 and 200-meter dashes in several meets, tallying a third-place finish in the 200-meter dash at Highland (Kan.) in the outdoor season ... Won the 200-meter dash indoors at Wisconsin-Platteville, also finishing fifth in the 55-meter dash at the same meet.

High School: White won three letters in cross country, wrestling, track and soccer. He was a two-time conference champion in track.

Personal: Born Oct. 23, 1979, in Austin, Texas ... the son of Ed and Flossy White ... a business administration major.

Career Bests

INDOOR
55m: 6.70
60m: 7.12
200m: 22.65
400m: 51.05

OUTDOOR
100m: 11.46
200m: 22.60
400m: 50.86
Long Jump: 19'-9.0"

Jason Shotwell
Sophomore, Distance/Cross Country
St. Louis, Mo. (DeSmet)

Truman: 2001-02 Cross Country - Did not compete in the 2001 cross country campaign. 1999-00 - Indoors, Shotwell was 12th in the MIAA in the 5,000-meter run. In cross country, he finished 24th at the Kansas/Bob Timmons Invitational and 25th at SIU-Edwardsville. Outdoors, Shotwell placed fifth in the 10,000 meters at the Washington Invitational. At the Lee Calhoun Memorial, he placed 13th in the 5,000-meter run.

High School: Shotwell was all-conference in cross-country as a junior and senior. He was an All-District in cross country his senior season.

Personal: Born Dec. 15, 1979, in Kirkwood, Mo. ... son of Michael and Colleen Shotwell ... a communications/pre-education major.

Career Bests

INDOOR
3,000m: 9:15.36
5,000m: 16:17.90
10,000m: 33:43.87

OUTDOOR
100m: 11.49
200m: 22.60
400m: 50.86

Jason Willis
Sophomore, Sprints
Florissant, Mo. (Rosary)

Truman: 2000-01 - Competed in the 100- and 200-meter dashes at the Augustana (Ill.) and Truman Open meets in the outdoor season ... had his career-best 100-meter time in the first meet of the year, Augustana ... finished 15th in the 200-meter dash at the Iowa triangular.

High School: A four year letterwinner in baseball ... served as team captain of his baseball team as a senior.

Personal: Born Aug. 1, 1981 in Florissant, Mo. ... the son of Jeffrey and Nancy Willis ... an exercise science/pre-medicine major.

Career Bests

INDOOR
55m: 7.06
60m: 7.86
200m: 26.02
OUTDOOR
100m: 12.11
200m: 24.84

Newcomers

Jacob Condon
Freshman, Decathlon
Lakefield, Minn. (Jackson Co. Central)

Joel Conrad
Freshman, Cross Country
Berryton, Kan. (Shawnee Heights)
Newcomers

Scott Downard
Freshman, Distance/Cross Country
Norman, Okla. (Norman)

Andy Person
Freshman, Distance/Cross Country
Wildwood, Mo. (Ladue Horton Watkins)

Ryan French
Freshman, Distance/Cross Country
Cedar Rapids, Iowa (Linn-Marr Marion)

Roland Reeves
Freshman, Throws
Corpus Christi, Texas (Flour Bluff)

Matt Groeper
Freshman, Decathlon
Warrenton, Mo. (Warrenton)

Trey Robinson
Freshman, Distance/Cross Country
Chesterfield, Mo. (Lafayette)

Josh Kampeter
Freshman, Cross Country
Jefferson City, Mo. (Jefferson City)

Zach Schluender
Freshman, Throws
N. Kansas City, Mo. (N. Kansas City)

Erik McFarlane
Freshman, Distance/Cross Country
Independence, Mo. (Fort Osage)

James Walton
Freshman, Jumps
Hinsdale, Ill. (Hinsdale South)

Dan McLaughlin
Freshman, Distance/Cross Country
Easton, Mo. (St. Joseph Central)

Walter Washington
Freshman, Sprints
St. Louis, Mo. (Webster Groves)